

Useful Formulae:

$$\begin{aligned} \sin(\theta \pm \phi) &= \sin \theta \cos \phi \pm \cos \theta \sin \phi, \\ \cos \theta \cos \phi &= \frac{1}{2} [\cos(\theta + \phi) + \cos(\theta - \phi)], \\ \sin \theta \sin \phi &= \frac{1}{2} [\cos(\theta - \phi) - \cos(\theta + \phi)], \\ \sin \theta \cos \phi &= \frac{1}{2} [\sin(\theta + \phi) + \sin(\theta - \phi)], \\ \cos^2 \theta &= \frac{1}{2} [1 + \cos 2\theta], \\ \sin^2 \theta &= \frac{1}{2} [1 - \cos 2\theta], \\ \cos \theta + \cos \phi &= 2 \cos \frac{\theta + \phi}{2} \cos \frac{\theta - \phi}{2}, \\ \cos \theta - \cos \phi &= 2 \sin \frac{\theta + \phi}{2} \sin \frac{\theta - \phi}{2}, \\ \sin \theta \pm \sin \phi &= 2 \sin \frac{\theta \pm \phi}{2} \cos \frac{\theta \mp \phi}{2}, \\ 1 &= \cos^2 \theta + \sin^2 \theta, \\ 1 &= \sec^2 \theta - \tan^2 \theta, \\ e^{i\theta} &= \cos \theta + i \sin \theta, \\ \cos \theta &= \frac{1}{2} (e^{i\theta} + e^{-i\theta}), \\ \sin \theta &= \frac{1}{2i} (e^{i\theta} - e^{-i\theta}), \\ f(z) &= \sum_{n=0}^{\infty} \frac{1}{n!} f^{(n)}(a)(z-a)^n, \\ e^z &= 1 + z + \frac{1}{2!}z^2 + \frac{1}{3!}z^3 + \dots, \\ \cos z &= 1 - \frac{1}{2!}z^2 + \frac{1}{4!}z^4 + \dots, \\ \sin z &= z - \frac{1}{3!}z^3 + \frac{1}{5!}z^5 - \dots, \\ \ln(1+z) &= z - \frac{1}{2}z^2 + \frac{1}{3}z^3 - \dots \quad [|z| < 1], \\ (1+z)^n &= 1 + nz + \frac{n(n-1)}{2!}z^2 + \dots \quad [|z| < 1], \\ \nabla f &= \hat{x} \frac{\partial f}{\partial x} + \hat{y} \frac{\partial f}{\partial y} + \hat{z} \frac{\partial f}{\partial z}, \\ \nabla \times \mathbf{A} &= \hat{x} \left(\frac{\partial A_z}{\partial y} - \frac{\partial A_y}{\partial z} \right) + \hat{y} \left(\frac{\partial A_x}{\partial z} - \frac{\partial A_z}{\partial x} \right) \\ &\quad + \hat{z} \left(\frac{\partial A_y}{\partial x} - \frac{\partial A_x}{\partial y} \right), \\ \int \frac{dx}{1+x^2} &= \arctan x + c, \\ \int \frac{dx}{1-x^2} &= \operatorname{arctanh} x + c, \\ \int \frac{dx}{\sqrt{1-x^2}} &= \arcsin x + c, \\ \int \frac{dx}{\sqrt{1+x^2}} &= \operatorname{arcsinh} x + c, \\ \int \tan x dx &= -\ln \cos x + c, \\ \int \tanh x dx &= \ln \cosh x + c, \\ \int \frac{dx}{x+x^2} &= \ln \left(\frac{x}{1+x} \right) + c, \\ \int \frac{x dx}{x+x^2} &= \frac{1}{2} \ln(1+x^2) + c, \end{aligned}$$

$$\begin{aligned} \int \cos(\alpha x) \sin(\alpha x) dx &= \frac{-\cos^2(\alpha x)}{2\alpha} + c, \\ \int \cos^2(\alpha x) dx &= \frac{2\alpha x + \sin(2\alpha x)}{4\alpha} + c, \\ \int \sin^2(\alpha x) dx &= \frac{2\alpha x - \sin(2\alpha x)}{4\alpha} + c, \\ \int x \sin^2(\alpha x) dx &= \frac{x^2}{4} - \frac{x \sin(2\alpha x)}{4\alpha} - \frac{\cos(2\alpha x)}{8\alpha^2} + c, \\ \int x \cos^2(\alpha x) dx &= \frac{x^2}{4} + \frac{x \sin(2\alpha x)}{4\alpha} + \frac{\cos(2\alpha x)}{8\alpha^2} + c, \\ \int x^2 \sin^2(\alpha x) dx &= \frac{x^3}{6} - \frac{x \cos(2\alpha x)}{4\alpha^2} x - \frac{(2\alpha^2 x^2 - 1) \sin(2\alpha x)}{8\alpha^3} + c, \\ \int x^2 \cos^2(\alpha x) dx &= \frac{x^3}{6} + \frac{x \cos(2\alpha x)}{4\alpha^2} + \frac{(2\alpha^2 x^2 - 1) \sin(2\alpha x)}{8\alpha^3} + c \end{aligned}$$

2D polar coordinates:

$$\begin{aligned} x &= r \cos(\phi), \\ y &= r \sin(\phi), \\ r &= \sqrt{x^2 + y^2}, \\ \phi &= \arctan(y/x), \\ \mathbf{r} &= r\hat{\mathbf{r}}, \\ \dot{\mathbf{r}} &= \dot{r}\hat{\mathbf{r}} + r\dot{\phi}\hat{\boldsymbol{\phi}}, \\ \ddot{\mathbf{r}} &= (\ddot{r} - r\dot{\phi}^2)\hat{\mathbf{r}} + (r\ddot{\phi} + 2\dot{r}\dot{\phi})\hat{\boldsymbol{\phi}}. \end{aligned}$$

$$\begin{aligned} i\hbar \frac{\partial}{\partial t} \psi(x, t) &= -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x^2} \psi(x, t) + V(x)\psi(x, t), \\ E\psi(x) &= -\frac{\hbar^2}{2m} \frac{d^2}{dx^2} \psi(x) + V(x)\psi(x), \\ \Delta q &= \sqrt{\langle q^2 \rangle - \langle q \rangle^2}, \\ \Delta x \Delta p &\geq \frac{1}{2} |\langle [x, p] \rangle| = \frac{\hbar}{2}, \\ j_0(z) &= \frac{\sin z}{z}, \\ n_0(z) &= -\frac{\cos z}{z}, \\ \nabla^2 &= \frac{1}{r^2} \frac{\partial}{\partial r} r^2 \frac{\partial}{\partial r} + \frac{1}{r^2 \sin \theta} \frac{\partial}{\partial \theta} \sin \theta \frac{\partial}{\partial \theta} + \frac{1}{r^2 \sin^2 \theta} \frac{\partial^2}{\partial \phi^2} \\ -l(l+1)Y_l^m(\theta, \phi) &= \left(\frac{1}{\sin \theta} \frac{\partial}{\partial \theta} \sin \theta \frac{\partial}{\partial \theta} + \frac{1}{\sin^2 \theta} \frac{\partial^2}{\partial \phi^2} \right) Y_l^m(\theta, \phi). \end{aligned}$$

Pauli matrices:

$$\begin{aligned} \sigma_x &= \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \quad \sigma_y = i \begin{pmatrix} 0 & -1 \\ 1 & 0 \end{pmatrix}, \quad \sigma_z = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}, \\ [\sigma_j, \sigma_k] &= 2i \sum_l \epsilon_{jkl} \sigma_l, \\ \sigma_{\pm} &= \frac{1}{2} (\sigma_x + i\sigma_y), \\ [\sigma_+, \sigma_-] &= \sigma_z, \\ [\sigma_z, \sigma_{\pm}] &= \pm 2\sigma_{\pm}, \end{aligned}$$

Free evolution:

$$\begin{aligned} e^{i\omega a^\dagger a t} a e^{-i\omega a^\dagger a t} &= e^{-i\omega t} a, \\ e^{i\Omega \sigma_z t/2} \sigma_{\pm} e^{-i\Omega \sigma_z t/2} &= e^{\pm i\Omega t} \sigma_{\pm}. \end{aligned}$$